SURFACE SUBGROUPS FROM HOMOLOGY

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ABSTRACT. Let G be a word-hyperbolic group, obtained as a graph of free groups amalgamated along cyclic subgroups. If $H_2(G;\mathbb{Q})$ is nonzero, then G contains a closed hyperbolic surface subgroup. Moreover, the unit ball of the Gromov–Thurston norm on $H_2(G;\mathbb{R})$ is a finite-sided rational polyhedron.

1. Introduction

A famous question of Gromov (see [2]) asks whether every one-ended non-elementary word-hyperbolic group contains a closed hyperbolic surface subgroup. Almost nothing is known about this question in general. Gordon-Long-Reid [7] answer the question affirmatively for Coxeter groups and some Artin groups.

Bestvina remarks that Gromov's question is inspired by the well-known virtual Haken conjecture in 3-manifold topology. The case of 3-manifold groups is instructive. If M is an aspherical 3-manifold, every integral homology class in $H_2(M; \mathbb{Z})$ is represented by an embedded surface S. If S is not π_1 -injective, Dehn's lemma (see [11], Chapter 4) implies that S can be compressed, reducing $-\chi(S)$. By the hypothesis that M is aspherical, after finitely many compressions, one obtains a π_1 -injective surface representing the given homology class.

For more general classes of groups, no tool remotely resembling Dehn's lemma exists. Nevertheless one can consider the following strategy. Let X be a K(G,1), and let A be a rational homology class in $H_2(X;\mathbb{Q})$. Suppose one can find a map of a closed surface $f:S\to X$ with no spherical components, representing n(S)A in $H_2(X)$ for some integer n(S), which realizes the infimum of $-\chi(S)/n(S)$ over all surfaces and all integers n. Then $f_*:\pi_1(S)\to\pi_1(X)=G$ is injective. For, otherwise, one could find an essential loop $\alpha\subset S$ in the kernel of f_* and (by Scott [13]) find a suitable finite cover S' of S to which α lifts as an embedded loop. Then $f':S'\to X$ could be compressed along α , producing a new surface S'' representing n(S'')A in homology, and satisfying $-\chi(S'')/n(S'')<-\chi(S)/n(S)$, contrary to hypothesis. This infimal quantity is called the Gromov-Thurston norm of the homology class A (see [8] or [15] for an introduction to Gromov-Thurston norms and bounded cohomology). In words, if a map from a surface to X realizes the Gromov-Thurston norm in a given projective homology class, it is injective.

It is therefore an intriguing question to understand for which groups G and which homology classes in $H_2(G;\mathbb{Q})$ one can find maps of surfaces (projectively) realizing the Gromov–Thurston norm. In this paper we show that if G is a group obtained as a graph of free groups amalgamated along cyclic subgroups, and $A \in H_2(G;\mathbb{Q})$ is a homology class with nonzero Gromov–Thurston norm, then some map of a surface to a K(G,1) realizes the Gromov–Thurston norm in the projective class of A, and therefore G contains a closed hyperbolic surface subgroup. The method of proof is to localize the problem to finding norm minimizers for suitable relative

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homology classes in the free factors. The relative Gromov–Thurston norm (after normalization) turns out to be equal to the so-called $stable\ commutator$ norm, introduced in [4], and studied in free groups in [3]. A consequence of the main theorem of [3] is that extremal surfaces for the stable commutator norm exist in every rational relative homology class in a free group. These extremal surfaces can be glued together to produce extremal (closed) surface subgroups in G. A more careful analysis reveals that the Gromov–Thurston norm on G is piecewise rational linear, and if G is word-hyperbolic, the unit ball is a finite-sided rational polyhedron.

2. The scl norm

2.1. Commutator length. If G is a group and $g \in [G, G]$, the commutator length of g (denoted cl(g)) is the smallest number of commutators in G whose product is equal to G, and the stable commutator length of g (denoted scl(g)) is the limit

$$\operatorname{scl}(g) = \lim_{n \to \infty} \frac{\operatorname{cl}(g^n)}{n}$$

Geometrically, $\operatorname{cl}(g)$ is the least genus of a surface group which bounds g homologically. Since genus is not multiplicative under covers but Euler characteristic is, one can derive a formula for scl in terms of Euler characteristic; we give such a formula in Definition 2.2 below.

Stable commutator length is, in a sense to be made precise shortly, a kind of relative Gromov–Thurston norm.

The following material is largely drawn from [3], \S 2.4. Also see [4], \S 2.6 and [1], \S 3.

Definition 2.1. Let S be a compact orientable surface. Define

$$\chi^{-}(S) = \sum_{S_i} \min(0, \chi(S_i))$$

where the sum is taken over connected components S_i of S.

Definition 2.2. Let G be a group. Let g_1, \dots, g_m be elements in G (not necessarily distinct). Let X be a connected CW complex with $\pi_1(X) = G$. Further, for each i, let $\gamma_i : S^1 \to X$ be a loop in X in the free homotopy class corresponding to the conjugacy class of g_i .

If S is an orientable surface, a map $f: S \to X$ is admissible of degree n(S) for some positive integer n(S) if there is a commutative diagram

$$S \xrightarrow{i} \partial S \xrightarrow{\partial f} \coprod_{i} S^{1}$$

$$\downarrow \coprod_{i} \gamma_{i}$$

so that the homology class of $\partial f_*[\partial S]$ is equal to n(S) times the fundamental class of $\coprod_i S^1$ in H_1 .

Then define

$$scl(g_1 + g_2 + \dots + g_m) = \inf_{S} \frac{-\chi^-(S)}{2n(S)}$$

where the infimum is taken over all admissible maps of surfaces. If no admissible surfaces exist, set $\mathrm{scl}(\sum_i g_i) = \infty$.

Remark 2.3. If X has enough room (e.g. if X is a manifold of dimension > 2) then the maps γ_i can be taken to be embeddings, and one can speak of the maps γ_i and their images interchangeably. In this context, one can think of an admissible map as a map of pairs $(S, \partial S) \to (X, \cup_i \gamma_i)$ which wraps ∂S around each γ_i with total degree n(S).

Remark 2.4. When $g \in [G, G]$, the value of scl(g) is the same with either definition above.

The function scl can be extended to integral group 1-chains, by the formula

$$\operatorname{scl}(\sum n_i g_i) := \operatorname{scl}(\sum g_i^{n_i})$$

and extended to rational chains by linearity, and to real chains by continuity. It is finite exactly on group 1-chains which are boundaries of group 2-chains; in other words, scl defines a pseudo-norm on the real vector space $B_1(G;\mathbb{R})$, hereafter denoted $B_1(G)$.

Notice that scl is, by construction, a homogeneous class function in each variable separately. If H denotes the subspace of $B_1(G; \mathbb{R})$ spanned by elements of the form $g - hgh^{-1}$ and $g^n - ng$ for $g, h \in G$ and $n \in \mathbb{Z}$, then scl descends to a pseudo-norm on $B_1(G)/H$.

2.2. Comparison with Gromov and filling norms. Let $C_*(G; \mathbb{R})$ be the bar chain complex of a group (see e.g. [12] Ch. IV, § 5 for details). In the sequel, the coefficient group \mathbb{R} is understood where omitted. There is a natural basis for $C_i(G)$ in each dimension, and each $C_i(G)$ becomes a Banach space with respect to the natural L^1 norm. This norm induces a pseudo-norm on (group) homology, called the *Gromov norm* (or L^1 norm) defined by

$$||[A]||_1 = \inf_{C \in [A]} ||C||_1$$

where the infimum ranges over all cycles C representing a homology class [A].

If X is a K(G,1), the norm on $H_2(G;\mathbb{Q})$ may be calculated geometrically by the formula

$$||[A]||_1 = \inf_S \frac{-2\chi^-(S)}{n(S)}$$

where the infimum is taken over all closed oriented surfaces S mapping to X by $f: S \to X$ for which $f_*[S] = n(S)[A]$ for some integer n(S), and then extended to $H_2(G; \mathbb{R})$ by continuity; see [5], Corollary 6.18. Also compare with Definition 2.2.

There is a natural norm on $B_1(G)$, called the (Gersten) filling norm, introduced in [6], defined by the formula

$$||A||_{\partial} = \inf_{\partial C = A} ||C||_1$$

where $\|\cdot\|_1$ denotes the L^1 norm on group 2-chains. Let fill(\cdot) be the homogenization of $\|\cdot\|_{\partial}$; i.e.

$$\operatorname{fill}(\sum t_i g_i) = \lim_{n \to \infty} \frac{\|\sum t_i g_i^n\|_{\partial}}{n}$$

where $t_i \in \mathbb{R}$ and $g_i \in G$. Then fill descends to a function on $B_1(G)/H$ and satisfies

$$\operatorname{scl}(A) = \frac{\operatorname{fill}(A)}{4}$$

For A = g for $g \in [G, G]$, this is proved in Bavard [1]; the general case follows basically the same argument, and is found in [4], § 2.6. The factor of $\frac{1}{4}$ arises because fill counts triangles, whereas scl counts genus. This explains the sense in which scl can be thought of as a relative Gromov–Thurston norm.

2.3. Extremal surfaces. Given an integral chain $\sum n_i g_i$, an admissible surface is extremal if it realizes

$$\operatorname{scl}(\sum n_i g_i) = \frac{-\chi^-(S)}{2n(S)}$$

The Rationality Theorem from [3], is the following:

Theorem 2.5 (Rationality Theorem, [3] p.15). Let F be a free group.

- (1) $\operatorname{scl}(g) \in \mathbb{Q}$ for all $g \in [F, F]$.
- (2) Every integral chain $\sum n_i g_i$ in $B_1(F)$ bounds an extremal surface
- (3) The function scl is piecewise rational linear on $B_1(F)$
- (4) There is an algorithm to calculate scl on any finite dimensional rational subspace of $B_1(F)$

In fact, in [3], bullet (2) merely says that every $g \in [F, F]$ rationally bounds an extremal surface, but the argument of the proof establishes the more general statement. The method of proof makes this clear: let X be a handlebody with $\pi_1(X) = F$, and let γ_i be loops in X representing the free homotopy classes of the g_i . In [3] it is shown that there is a simple branched surface \mathcal{B} , with boundary mapping to $\cup_i \gamma_i$, which carries every admissible surface (after compression and homotopy). The function $-\chi^-$ is a rational linear function of weights on \mathcal{B} , and therefore $-\chi^-$ may be calculated on any rational class by solving a linear programming problem. An extremal vector obtained e.g. by the simplex method will be rational, and after scaling, is represented by an extremal surface.

We will also use the following technical Lemma, which is Lemma 4.2. from [3]:

Lemma 2.6. Let S be a connected surface, and $f: S \to H$ an extremal surface rationally bounding γ . Then there is another extremal surface $f': S' \to H$ rationally bounding γ , for which every component of $\partial S'$ maps to γ with positive degree.

The same argument shows that if S bounds some collection $\sum \gamma_i$, one may replace S if necessary by another extremal surface for which every map of a boundary component of S to every component γ_i has positive degree. Such an extremal surface is said to be *positive*. Hence in the sequel we will assume that all our extremal surfaces are positive.

From our perspective, the importance of extremal surfaces is the following:

Lemma 2.7. Let $f:(S,\partial S) \to (X, \cup_i \gamma_i)$ be an extremal surface for $\sum n_i g_i$. Then f, S is incompressible and boundary incompressible. That is, $f_*: \pi_1(S) \to \pi_1(X)$ is injective, and if $\alpha \subset S$ is an essential immersed proper arc with endpoints on components ∂_i, ∂_j of ∂S both mapping to γ_k , there is no arc $\beta \subset \gamma_k$ so that $f(\alpha) \cup \beta$ is homotopically trivial in X.

Proof. Suppose $\alpha \subset S$ represents a conjugacy class in the kernel of f_* . Since surface groups are LERF ([13]), there is a finite cover S' of S to which α lifts as an embedded loop. The lifted map $f': S' \to X$ is admissible, with $-\chi^-(S')/2n(S') = -\chi^-(S)/2n(S)$, so $f': S' \to X$ is also extremal. But f' can be compressed along

the (now embedded) loop α , reducing $-\chi^-$ while keeping n(S') fixed, thereby contradicting the fact that $f: S \to X$ was extremal.

Similarly, suppose α is an arc such that $f(\alpha) \cup \beta$ is homotopically trivial in X. Let S' be a cover of S in which α is embedded. Let S'' be obtained from S' by attaching a 1-handle R to $\partial \alpha$, and let $f'': S'' \to X$ be equal to f' on S', and map the core of R to β . Then n(S'') = n(S'). However, the union of α with the core of R is an essential embedded loop in S'' which maps to a homotopically trivial loop in X. Hence we can compress this loop, obtaining $f''': S''' \to X$ with $-\chi^-(S''')/2n(S''') < -\chi^-(S)/2n(S)$, thereby contradicting the fact that $f: S \to X$ was extremal.

A similar argument shows that if a closed surface realizes the Gromov–Thurston norm in its homology class, it is injective. In the sequel, by abuse of notation, we will use the phrase "S is injective" to mean that f, S is incompressible and boundary incompressible.

3. Surface subgroups

3.1. Graphs of free groups.

Definition 3.1. A graph of groups is a collection of groups indexed by the vertices and edges of a connected graph, together with a family of injective homomorphisms from the edge groups into the vertex groups. Formally, let Γ be a connected graph. For each vertex v there is a vertex group G_v , and for each edge e an edge group G_e so that for each inclusion $i: v \to e$ as an endpoint, there is an injective homomorphism $\varphi_i: G_e \to G_v$.

The fundamental group G of a graph Γ of groups (as above) is defined as follows. Let G' be the group generated by all the groups G_v and an element e for each (oriented) edge e with relations that each edge element e conjugates the subgroup $i(G_e)$ of G_v to the subgroup $j(G_e)$ of G_w , where v is the initial vertex of e and w is the final vertex, with respect to the choice of orientation on e. Let T be a maximal subtree of Γ . Then define G to be the quotient of G' by the normal subgroup generated by elements e corresponding to edges of T.

By abuse of notation, we sometimes say that G is a graph of groups with graph Γ . See e.g. Serre [14] § 5.1. for more details.

In the sequel, let G be a graph of groups with graph Γ satisfying the following properties:

- (1) Every vertex group G_v is free of finite rank
- (2) Every edge group G_e is cyclic
- (3) The graph Γ is finite

We say that such a group G is a graph of free groups amalgamated over cyclic subgroups.

3.2. Hyperbolic groups.

Definition 3.2. A path-metric space X is δ -hyperbolic for some $\delta \geq 0$ if for every geodesic triangle abc, the edge ab is contained in the (metric) δ -neighborhood of the union of edges $ac \cup bc$.

Definition 3.3. A group G with a finite generating set S is word-hyperbolic (or just hyperbolic for short) if the Cayley graph $C_S(G)$ is δ -hyperbolic as a path metric space, for some finite δ .

Hyperbolic groups are introduced in [9], inspired in part by work of Cannon, Epstein, Rips and Thurston. The theory of hyperbolic groups is vast; the only property of hyperbolic groups we will need is that they do not contain $\mathbb{Z} \oplus \mathbb{Z}$ or Baumslag–Solitar subgroups. Here the Baumslag–Solitar group B(p,q) $(p,q \neq 0)$ is given by the presentation

$$B(p,q) := \langle a, b \mid ba^p b^{-1} = a^q \rangle$$

Note that $B(1,1) = \mathbb{Z} \oplus \mathbb{Z}$ as a special case.

3.3. Construction of surface subgroups. We are now in a position to state the main theorem of this paper.

Theorem 3.4. Let G be a graph of free groups amalgamated over cyclic subgroups. If G is word-hyperbolic, and $H_2(G; \mathbb{Q})$ is nonzero, then G contains a closed hyperbolic surface subgroup. Furthermore, the unit ball of the Gromov-Thurston norm in $H_2(G; \mathbb{R})$ is a finite-sided rational polyhedron.

Proof. We build a space X with $\pi_1(X) = G$ as follows. For each vertex v let H_v be a handlebody with $\pi_1(H_v) = G_v$. For each edge e let A_e be an annulus. For each $i: v \to e$ let $\gamma_i \subset X$ be an embedded loop representing the conjugacy class of the generator of $i(G_e)$, and glue the corresponding boundary component of A_e to H_v along γ_i . The Seifert van-Kampen theorem justifies the equality $\pi_1(X) \cong G$. In fact, since each H_v and A_e is a $K(\pi, 1)$, and since the edge homomorphisms are all injective, the space X itself is a $K(\pi, 1)$. See e.g. [10], Theorem 1B.11. p.92. Hence $H_2(G; \Lambda) = H_2(X; \Lambda)$ for all coefficient groups Λ .

Let E denote the union of the cores of the annuli A_e . Let V = X - E and let N be a regular neighborhood of E. The Mayer–Vietoris sequence contains the following exact subsequence

$$H_2(V) \oplus H_2(N) \to H_2(X) \to H_1(V \cap N) \to H_1(V) \oplus H_1(N)$$

Since $H_2(V) = H_2(N) = 0$, it follows that an element of $H_2(X)$ is determined by its image in $H_1(V \cap N)$. Geometrically, let Y be obtained from X by crushing each H_v and a cocore of each A_e to a point. Then Y is a wedge of S^2 's, one for each A_e . The induced map $H_2(X) \to H_2(Y)$ is an injection, and an element of $H_2(X)$ is determined by the degree with which it maps over each sphere summand of Y.

Let A be a nonzero class in $H_2(X)$ represented by a map of a closed surface $f: S \to X$. If we make f transverse to the core of each A_e and adjust by a homotopy, we can assume that $S_e := f^{-1}(A_e)$ is a union of subsurfaces of S each mapping properly to A_e . If S_e^i is a component of S_e , the degree of $f: S_e^i \to A_e$ is equal to the number of times ∂S_e^i winds (with multiplicity) around either boundary component of A_e . If some S_e^i maps to some A_e with degree 0, compress a suitable subsurface of S_e^i and push it off A_e by a homotopy.

For each v, let $\gamma_1, \dots, \gamma_m$ denote the set of loops in H_v which are the boundaries of components of the various A_e . The surface $S_v := f^{-1}(H_v)$ maps to H_v with boundary wrapping various times around the various γ_i . Let $n_i \in \mathbb{Z}$ be such that S_v is an admissible surface bounding $\sum n_i \gamma_i$. Note that the n_i (for various v) are determined by the homology class A, and are precisely the coefficients of the

element $\partial A \in H_1(V \cap N)$ with respect to a basis for $H_1(V \cap N)$ consisting of the various γ_i .

For each v, let $g_v: T_v \to X$ be an extremal surface for $\sum n_i g_i$. Note that ∂T_v represents $n_v \sum n_i g_i$ in $H_1(V \cap N)$ for some integer n_v . If the various T_v could be glued together along their boundary components compatibly with Γ , the components of the resulting surface would be injective, and their union would map to X, representing a multiple of the class A in $H_2(X)$. If G is word-hyperbolic, we will show how to construct suitable covers of the T_v which can in fact be glued up.

Lemma 3.5. Let S be an orientable surface with nonempty boundary components $\partial_i S$. For $N \in \mathbb{Z}$, let $\phi : \partial_i \to \mathbb{Z}/N\mathbb{Z}$ be some function. If $\sum_i \phi(\partial_i) = 0 \in \mathbb{Z}/N\mathbb{Z}$ then ϕ extends to a function $\pi_1(S) \to \mathbb{Z}/N\mathbb{Z}$ whose kernel defines a regular cover S' of S with the property that each boundary component ∂_{ij} in the preimage of ∂_i maps to ∂_i with degree equal to the order of $\phi(\partial_i)$ in $\mathbb{Z}/N\mathbb{Z}$.

Proof. Homomorphisms from $\pi_1(S)$ to abelian groups are exactly those which factor through the abelianization $H_1(S)$. The components ∂_i determine elements of $H_1(S)$ which are subject only to the relation $\sum \partial_i = 0 \in H_1(S)$. This follows directly from the exact sequence in relative homology

$$H_2(S) \to H_2(S, \partial S) \to H_1(\partial S) \to H_1(S)$$

together with the fact that $H_2(S) = 0$ and $H_2(S, \partial S) = \mathbb{Z}$.

The other statements are standard facts from the theory of covering spaces. \Box

By invoking Lemma 3.5 repeatedly, we will construct covers of the T_v which can be glued up over the various A_e one by one. Let e be an edge, and v, w the end vertices. Let $\gamma \in H_v$ and $\delta \in H_w$ be the loops along which the boundary components of A_e are attached. Suppose we have surfaces T and U mapping to X and subsets $\partial_\gamma T, \partial_\delta U$ of the boundary components which map to γ and δ respectively. By Lemma 2.6 we can assume that each component of $\partial_\gamma T$ maps to γ with positive degree, and similarly for $\partial_\delta U$. Note that we should allow the possibility that T=U.

Assume for the moment that $\chi(T) < 0$ and $\chi(U) < 0$. If S is a surface of negative Euler characteristic, then S admits a finite cover with positive genus. Furthermore, if S has positive genus, then S admits a degree 2 cover S' for which every boundary component of S has exactly two preimages in S', each of which maps with degree 2. So without loss of generality, we can assume that the components of $\partial_{\gamma}T$ come in pairs which each map to γ with the same degree, and similarly for the components of $\partial_{\delta}U$.

Let N be the least common multiple of the degrees of maps from components of either $\partial_{\gamma}T$ or $\partial_{\delta}U$ to γ or δ . We will define homomorphisms $\phi:\pi_1(T)\to\mathbb{Z}/N\mathbb{Z}$ and $\psi:\pi_1(U)\to\mathbb{Z}/N\mathbb{Z}$ as follows. If ν,ν' are a pair of components of $\partial_{\gamma}T$ mapping to γ with the same degree d, then define $\phi(\nu)=d$ and $\phi(\nu')=-d$, and define ψ similarly on pairs of components of $\partial_{\delta}U$. Note that ϕ,ψ may be extended to have the value 0 on components of ∂T and ∂U not appearing in $\partial_{\gamma}T$ or $\partial_{\delta}U$. Let T',U' be the corresponding covers. Then by construction, every component of $\partial_{\gamma}T'$ maps to γ with degree N, and every component of $\partial_{\delta}U'$ maps to δ with degree N, so U' and T' can be glued up along $\partial_{\gamma}T'$ and $\partial_{\delta}U'$ and their maps to X extended over A_e . Proceeding inductively, we can construct a surface S' and a map $f': S' \to X$

representing some integral multiple of the class A. Since S' is made by gluing covers of injective maps, the definition of injective and the Seifert van-Kampen theorem implies that every component of S' is injective.

If $\chi(T)=0$ for some (possibly intermediate) surface T, then T consists of a union of annuli. If not every component T is being glued up to U, one can still take covers of these annuli as above and glue up. The only potentially troublesome case is when T=U, and the free boundary components of T are being glued up to each other. But in this case, G contains the mapping cylinder of an injective map from $\mathbb Z$ to itself; i.e. it contains a $\mathbb Z\oplus\mathbb Z$ or a Baumslag–Solitar group, and is therefore not hyperbolic. This proves the first part of the theorem.

To prove the statement about Gromov–Thurston norms, observe that if $f'_*[S'] = n[S]$ in homology, then by construction $-\chi^-(S')/n \le -\chi^-(S)$. Hence S', as constructed, realizes the Gromov–Thurston norm in its homology class. Note that this gives another proof that S' is injective. In fact, for each H_v , let $B_v \subset B_1(G_v)$ be the subspace spanned by the γ_i along which various A_e are attached. The boundary map in the Mayer–Vietoris sequence defines an integral linear injection $H_2(X) \xrightarrow{\partial} \bigoplus_v B_v$ with components $\partial_v(A) \in B_v$, and by the construction above,

$$||A||_1 = 4 \cdot \sum_v \operatorname{scl}(\partial_v A)$$

Since each ∂_v is an integral linear map, and the scl pseudo-norm on each B_v is a rational piecewise-linear function, the L^1 norm (i.e. the Gromov-Thurston norm) on $H_2(X;\mathbb{R})$ is a piecewise rational linear function. Since G is hyperbolic, the unit ball is a (nondegenerate) finite sided rational polyhedron.

Remark 3.6. If G is not necessarily word-hyperbolic, it is nevertheless true (essentially by the argument above) that the Gromov-Thurston pseudo-norm on $H_2(G; \mathbb{R})$ is piecewise rational linear. Moreover, the same argument shows that for any G obtained as a graph of free groups amalgamated over cyclic subgroups, and for any homology class $A \in H_2(G; \mathbb{Q})$, either some multiple of A is represented by an injective closed hyperbolic surface, or $||A||_1 = 0$.

Remark 3.7. If M is a compact 3-manifold, every integral class A in $H_2(\pi_1(M); \mathbb{Z})$ is represented by an embedded surface S which realizes the infimum of $-\chi^-$ in its projective class. It follows that the Gromov–Thurston norm (with Gromov's normalization) takes on values in $4\mathbb{Z}$ on $H_2(\pi_1(M); \mathbb{Z})$. This by itself ensures that the unit ball is a rational polyhedron. However, for G a graph of free groups as above, the Gromov–Thurston norm can take on rational values with arbitrary denominators on elements of $H_2(G; \mathbb{Z})$, so the polyhedrality of the norm is more subtle. See [4], § 4.1.9.

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